

FAMILY &amp; RELATIONSHIPS / General

## BEING A MAN IS NOT ABOUT MAINTAINING CONTROL OF THE TV REMOTE AFTER DINNER.

Being a man is a full-time job though, especially when you're married or in a relationship. *Hold On to Your N.U.T.s\** can help build a life that fulfills both you and your partner by showing you how to confirm the ideas and causes you support—your “Non-negotiable, Unalterable Terms (N.U.T.s™)”. Your N.U.T.s become the framework for how you conduct your relationships, whether you're committed to spending more one-on-one time with your kids or not hiding out at the office to avoid problems with your wife. By laying down guidelines of what's right and wrong, what you like and dislike, you will learn to silence the little boy inside and become a strong, self-assured man who is focused on creating the best life possible for you and your family.

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